

STRONG

PRODUCT USAGE:

Bod Strong Concentrate Packet

Pour contents of the Bod Strong concentrate into 12-16 fl oz or more of cold, purified water. Stir or shake well. As a dietary supplement, take one daily. Not recommended for children under the age of 18. If you are pregnant or nursing, or have a medical condition, consult your healthcare professional before using this or any other dietary supplement. Discontinue if allergic reaction occurs.

BOD STRONG TARGET MARKET:

Bod Strong is perfect for individuals of all ages that desire an ultra-premium supplement on-the-go and are interested in vitality and building a strong nutritional foundation for overall well-being.* Bod Strong is non-carbonated, contains no caffeine, and has 5g of sugar. With a refreshing fruit flavor, Bod Strong offers a convenient and delicious way to get the nutrients your body needs.



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KEY INGREDIENTS:

Plant-sourced silica — Known to help maintain skin, nails and hair.*

12 essential vitamins (including antioxidant vitamins A, C and E) — Vital for well-being.*

Plant-sourced mineral blend — Over 65 major, trace and ultra-trace ionic, life-giving nutrients.

Phytonutrient ingredients — A blend of powerful plant and natural components.

Whole-fruit Mangosteen — An abundant supply of whole-fruit mangosteen and beneficial pericarp (rind) extract that provides some of the highest quantities of xanthenes found in nature.

Organic glyconutrient-rich aloe vera — A powerful phytonutrient known to provide the body with many beneficial effects.*

Organic decaffeinated green tea — For additional antioxidant power and phytonutrient protection.*

Curcumin — a powerful antioxidant that supports a healthy cardiovascular vascular system.*

Maca — supports physical endurance, stamina and energy.*

THE SCIENCE OF MINERALS:

Your physical well-being can be more directly dependent upon the minerals you take into your body than almost any other factor. Minerals help support the organs, bones and the immune system.* Bodē Strong has a unique mineral blend to help enhance your overall health.* It contains 100% ionic, life-giving minerals that are reduced to the smallest, most bioavailable form. These unprocessed phytonutrients include over 65 major, trace and ultra-trace, plant-sourced minerals.

- The body cannot survive without nature's fundamental minerals, yet it cannot manufacture minerals. They must be obtained from the diet or through supplementation.
- Modern-day diets may lack the appropriate balance of minerals due to mineral-depleted soils and over-processed foods.
- Minerals are needed for energy production, protection from free-radical damage and other vital functions.*
- Minerals provide a foundation for your optimal health.*

FREQUENTLY ASKED QUESTIONS:

Why supplement with Bodē Strong?

The answer is simple — Bodē Strong is one complete, ultra-premium liquid formula that provides your body the nutrients it needs for peak performance.* Renew your body from the inside out with superior nutritional ingredients that work quickly to support its 63 trillion cells and fight the aging effects of free radicals.* Free radicals are unstable molecules that remove electrons from a healthy cell, destroying the cell in the process. Every day, your body's cells are being bombarded by these unstable molecules. Without a strong nutritional foundation, your cells may be more susceptible to free-radical damage; this proprietary formula can help protect your body from the effects of these free radicals.*

Is it true that xanthenes are the most studied group of compounds found in mangosteen?

It is true. This particular class of plant nutrients are highly, biologically active and are unique because they possess very potent antioxidant properties.* Of all the known sources for xanthenes, the mangosteen supplies some of the highest amounts found in nature.

Why are major, trace and ultra-trace, plant-sourced minerals used?

Because plant-sourced minerals come from Mother Nature herself! Here's how it works: Plants assimilate minerals from the soil they are embedded in, and in the process, they become highly nutritious for humans to eat. Minerals can be found in nearly all foods that are grown in soil, but the problem is, modern-day food processing and overused croplands make it nearly impossible to get a wide spectrum of minerals from our diets. Our minerals are not man-made, but are carefully extracted from plant vegetation that has been undisturbed for thousands of years, to help replenish the full spectrum of minerals, at levels that nature intended. Major, trace and ultra-trace indicates a level at which a mineral might be needed within the body; however, it is not indicative of the importance of that mineral — all minerals are vital to life. In minute amounts, these nutrients can produce unexplainable, beneficial changes in body chemistry.*

Which minerals are included in the plant-sourced mineral blend found in Bodē Strong?

The plant-sourced mineral blend contains over 65 major, trace and ultra-trace minerals. Because we source our minerals from naturally occurring plant vegetation, the level of individual minerals may vary slightly from batch to batch.

[FAQs Continued >](#)

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The plant sourced mineral blend in Bode Strong contains the following:

Carbon (Organic), Calcium, Sodium, Sulfur, Magnesium, Chloride, Bromide, Fluorine, Iodine, Potassium, Niobium, Aluminum, Iron, Phosphorus, Silica, Manganese, Boron, Strontium, Titanium, Tungsten, Copper, Zinc, Tin, Zirconium, Molybdenum, Vanadium, Chromium, Selenium, Nickel, Cobalt, Lithium, Gallium, Barium, Yttrium, Neodymium, Hafnium, Cadmium, Thorium, Antimony, Cerium, Tellurium, Beryllium, Samarium, Dysprosium, Erbium, Bismuth, Gadolinium, Cesium, Lanthanum, Praseodymium, Europium, Lutetium, Terbium, Ytterbium, Holmium, Thallium, Thulium, Tantalum, Germanium, Gold, Platinum, Rhodium, Rubidium, Ruthenium, Scandium, Silver and Indium.

What is organic glyconutrient-rich aloe vera and why is it important?

Organic aloe vera is a powerful glyconutrient that originated in Africa and has been used for centuries because of its versatility and life-giving minerals, vitamins and polysaccharides. It is also known to support immune function and provide antioxidant benefits for overall wellness.*

Why is organic decaffeinated green tea important?

Green tea is well studied and documented for its traditional use. Organic decaffeinated green tea is added because it possesses numerous compounds that provide additional antioxidant protection.* We elect to use a decaffeinated source to keep our consumers' best interest in mind since caffeine consumption may not be appropriate for everyone.

What is plant-sourced silica and what are its benefits?

Plant-sourced silica is an ingredient known to maintain skin, nails and hair.* This ingredient was added to Bodē Strong as an additional product benefit for an ultra-premium nutritional supplement.

Why were the sweeteners chosen for Bodē Strong?

The inclusion of premium ingredients, formula efficacy and flavor in the Bodē products are our highest priorities. After extensive research and testing during the product development phase, we chose to combine organic cane sugar with xylitol and stevia because they are naturally-derived sweeteners — not artificial ones — and are compatible with the overall formula and flavor of Bodē Strong. This sweetener blend helps keep the calories, sugar and carbohydrates lower to best support a healthy lifestyle.



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